

*Praying with the Psalmists*

**6-WEEK PSALMS READING PLAN**

Week 1: Overview of the Types

Day 1: Wisdom Psalms – Psalm 1; Psalms of Trust – Psalm 23; Laments – Psalm 13;

Psalms of Confession – Psalm 51

Day 2: Psalms of Thanksgiving – Psalm 107; Creation Hymns – Psalm 8;

Messianic Psalms – Psalm 72

Day 3: Salvation History Psalms – Psalm 126; Psalms of Praise – Psalm 103;

Blessing Psalms – Psalm 20

Wisdom Psalms

Day 4: Psalms 1, 14, 15, 24, and 34

Day 5: Psalms 36 and 37

Day 6: Psalms 39, 49, and 50

Day 7: Psalms 52, 53, 58, 73, and 75

Week 2: Wisdom Psalms

Day 1: Psalms 76, 82, 84, and 90

Day 2: Psalms 94, 101, 111, 112, and 115

Day 3: Psalm 119

Day 4: Psalms 120, 127, 133, 144, and 146

Psalms of Trust

Day 5: Psalms 7, 11, 16, 21, 23, 25, and 26

Day 6: Psalms 27, 31, 46, 57, 62, and 63

Day 7: Psalms 71, 91, 108, 121, 123, 125, 131, and 141

Week 3: Laments

Day 1: Psalms 3, 4, 5, 10, 12, 13, 17, and 22

Day 2: Psalms 28, 35, 42, 43, 54, 55, and 56

Day 3: Psalms 59, 60, 61, 64, 70, 74, and 79

Day 4: Psalms 80, 83, 85, 86, and 88

Day 5: Psalms 102, 109, 137, 140, 142, and 143

Psalms of Confession

Day 6: Psalms 6, 32, 38, and 41

Day 7: Psalms 51, 69, and 130

Week 4: Thanksgiving Psalms

Day 1: Psalms 9, 18, and 30

Day 2: Psalms 40, 66, and 107

Day 3: Psalms 116, 118, 124, and 138

Creation Hymns

Day 4: Psalms 8, 19, and 33

Day 5: Psalms 65 and 95

Day 6: Psalms 96 and 104

Day 7: Psalms 139 and 148

Week 5: Messianic Psalms

Day 1: Psalms 2 and 45

Day 2: Psalms 72, 110, and 132

Salvation History Psalms

Day 3: Psalms 44, 68, and 77

Day 4: Psalms 78 and 81

Day 5: Psalms 87, 89, and 99

Day 6: Psalms 105, 106, and 114

Day 7: Psalms 122, 126, 129, 135, and 136

Week 6: Psalms of Praise

Day 1: Psalms 29, 47, and 48

Day 2: Psalms 92, 93, and 97

Day 3: Psalms 98, 100, and 103

Day 4: Psalms 113, 117, and 145

Day 5: Psalms 147, 149, and 150

Blessing Psalms

Day 6: Psalms 20 and 67

Day 7: Psalms 128 and 134

Reading plan by Sondra Eklund

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